

ATHLETICS, WELLNESS, AND COMMUNITY RECREATION



Intercollegiate Athletics

Tri-C is proud to be part of the National Junior College Athletic Association (NJCAA) Region XII, competing alongside other two-year colleges from Ohio, Indiana, and Michigan. We're also a member of the Ohio Community College Athletic Association (OCCAA).

Our athletic teams proudly represent Tri-C with the school colors of teal, white, and black, and our mascot, the Triceratops, is always ready to cheer on our athletes!

We offer a variety of intercollegiate sports, including:

- Men's soccer
- Women's volleyball
- Women's cross country
- Women's indoor and outdoor track and field
- Men's baseball
- Women's softball
- Men's basketball
- Women's basketball

For more details and to get involved, visit the Athletics webpage

Wellness and Community Recreation

At Tri-C, we care about the health and wellness of everyone in our community—students, faculty, staff, and residents. That's why we offer a wide range of fun and engaging programs to help you stay active and feel great. Whether you're into fitness, wellness classes, or just looking for a fun activity, there's something for you!

Check out our campus web pages for all the details on what's available.

Visit the Eastern Campus Recreation webpage for more information.

Visit the Metropolitan Campus Recreation webpage for more information.

Visit the Western Campus Recreation webpage for more information.

Recreation Facilities

Tri-C has fantastic recreation facilities across our Eastern, Metropolitan, and Western Campuses, offering everything you need to stay fit and healthy. We also provide classroom space for wellness workshops and group instruction.

Eastern Campus

At Eastern, you'll find a brand-new gymnasium floor, a swimming pool, exercise and weight rooms, locker rooms, shower facilities, a dance studio, and a newly resurfaced indoor track. Outdoors, enjoy an all-weather track and an open field.

For more info, visit the Eastern Campus Recreation webpage

Metropolitan Campus

Metropolitan features a fitness center, a new gymnasium floor with Bluetooth sound, a swimming pool, a weight training room, a dance studio, and updated locker and shower facilities. Outside, you'll find an all-weather track and field.

For more info, visit the Metropolitan Campus Recreation webpage

Western Campus

At Western, we offer a fitness center, gymnasium with an all-purpose floor, swimming pool, and locker and shower facilities. Outside, enjoy an all-weather track, an 18-hole disc golf course, soccer fields, and lighted baseball and softball fields.

For more info, visit the Western Campus Recreation webpage