

# GENERAL STUDIES (GEN)

## GEN-1000 Introduction to College

### 1 Credit

Orients students to the College's programs, services, and policies. Topics may include student resources, college and student expectations, academic support services, financial aid, degree programs, and student rights and responsibilities.

*Lecture: 1 hours*

*Prerequisite(s): None*

## GEN-1010 Personal Development

### 2 Credits

Experience-based course designed to explore identity, strengths, values, goals, time-management and decision-making strategies, and resources. Focus placed on structured activities and self-assessments which foster healthy self-esteem, positive thinking, motivation, self-awareness, empathy, and communication skills in a group setting.

*Lecture: 2 hours*

*Prerequisite(s): None.*

## GEN-1022 Strategies for Success

### 3 Credits

Information and methods helpful for student success. Planning, time management, communication skills, relationships, memory, reading comprehension and retention, note taking, and test taking techniques. Stress management and techniques for overcoming test anxiety will be practiced. Diversity, college resources, and learning styles will be explored.

*Lecture: 3 hours*

*Prerequisite(s): ENG-0985 Introduction to College Literacies or appropriate score on English Placement Test, or departmental approval. Note: ENG-0980 Language Fundamentals I taken prior to Fall 2021 will also meet prerequisite requirements.*

## GEN-1033 College Research Skills

### 2 Credits

Introduction to research resources and tools as well as methods to build contextual awareness of the research process. Focuses on the discovery of information, how it is produced and valued, and how to use information in creating new knowledge.

*Lecture: 2 hours*

*Prerequisite(s): ENG-0995 Applied College Literacies, or appropriate score on English Placement Test; or departmental approval. Note: ENG-0990 Language Fundamentals II taken prior to Fall 2021 will also meet prerequisite requirements.*

## GEN-1035 Digital and Technology Literacy for College Students

### 2 Credits

An introduction to digital and technology literacy for students with limited experience using a computer for learning. Emphasis will be placed on the skills and technologies necessary for success in an online learning environment and the professional world.

*Lecture: 2 hours*

*Prerequisite(s): None.*

## GEN-1040 Career Exploration

### 2 Credits

Exploration of personality, interests, skills, and values through a series of self-assessments and inventories based on career theory. Emphasis on the nature and meaning of work in relation to life and career satisfaction. Occupational resources analyzed and discussed.

*Lecture: 2 hours*

*Prerequisite(s): None.*

## GEN-1060 Creative Parenting Skills for Students

### 2 Credits

Course applies a developmental framework in examining theoretical approaches to the process of parenting. Explores expectations, influences and strategies of parenting with focus on attitudes and behaviors. Topics include facilitating the parent-child relationship from birth through adolescence, parenting techniques, adaptations of the traditional family structure, contemporary discipline techniques, and community resources. These topics will be addressed within the context of cultural diversity.

*Lecture: 2 hours*

*Prerequisite(s): None.*

## GEN-1070 First Year Success Seminar

### 1 Credit

Introduction to Cuyahoga Community College community, resources, and skills necessary for student success. Topics include personal responsibility, motivation, student support services, career and academic planning, time management, study skills, and financial literacy.

*Lecture: 1 hours*

*Prerequisite(s): None.*

## GEN-1100 Mental Wellness and the College Student

### 1 Credit

Orient the student to emotional and mental well-being as they transition to college. Introduce students to resources campus, local, and national resources to help promote and maintain wellness.

*Lecture: 1 hours*

*Prerequisite(s): ENG-0985 Introduction to College Literacies or appropriate score on English Placement Test. Note: ENG-0980 Language Fundamentals I taken prior to Fall 2021 will also meet prerequisite requirements.*

## GEN-1811 Special Topics in Technology Basics for College Students

### 2 Credits

An introduction to technological and digital literacy for students with limited experience using a computer for learning. Emphasis will be placed on the skills and technologies necessary for preparing a student for online learning.

*Lecture: 2 hours*

*Prerequisite(s): Concurrent enrollment in ENG-0985 Introduction to College Literacies, or concurrent enrollment in ENG-0995 Applied College Literacies, or concurrent enrollment in ENG-1010 College Composition I.*

**GEN-1820 Independent Study/Research in General Studies**

**1-3 Credits**

Directed individual study. Study/research title and specific content arranged between instructor and student. May be repeated for a maximum of six credits of different topics.

*Lecture: 1-3 hours*

*Prerequisite(s): Departmental approval, and instructor approval, and ENG-0995 Applied College Literacies, or appropriate score on English Placement Test. or appropriate score on English Placement Test. Note: ENG-0990 Language Fundamentals II taken prior to Fall 2021 will also meet prerequisite requirements.*

**GEN-182H Honors Independent Study: General Studies**

**1-3 Credits**

Honors-level directed individual study. Must meet criteria set forth in the Honors Course Checklist used to approve regular honors courses. Study/research title and specific content arranged between instructor and student. May be repeated for a maximum of six credits of different topics.

*Lecture: 1-3 hours*

*Prerequisite(s): Departmental approval and instructor approval, and ENG-0995 Applied College Literacies, or appropriate score on English Placement Test. and must have earned an A or B in at least 3 honors courses. Note: ENG-0990 Language Fundamentals II taken prior to Fall 2021 will also meet prerequisite requirements.*

**GEN-282H Advanced Honors Independent Study: General Studies**

**1-3 Credits**

Advanced Honors-level directed individual study. Must meet criteria set forth in the Honors Course Checklist used to approve regular honors courses. Study/research title and specific content arranged between instructor and student. May be repeated for a maximum of six credits of different topics.

*Lecture: 1-3 hours*

*Prerequisite(s): Departmental approval and instructor approval, and ENG-0995 Applied College Literacies, or appropriate score on English Placement Test. and must have earned an A or B in at least 3 honors courses. Note: ENG-0990 Language Fundamentals II taken prior to Fall 2021 will also meet prerequisite requirements.*