GENERAL STUDIES (GEN)

GEN-1000 Introduction to College
1 Credit
Orients students to the College's programs, services, and policies. Topics may include student resources, college and student expectations, academic support services, financial aid, degree programs, and student rights and responsibilities.
Lecture: 1 hours
Prerequisite(s): None

GEN-1010 Personal Development
2 Credits
Experience-based course designed to explore individual resources, values, goals, time-management and decision making. Focus placed on structured activities which build self-esteem, motivation, self-confidence, empathy and communication skills in a group setting.
Lecture: 2 hours
Prerequisite(s): None.

GEN-1022 Strategies for Success
3 Credits
Information and methods helpful for student success. Planning, time management, communication skills, relationships, memory, reading comprehension and retention, note taking, and test taking techniques. Stress management and techniques for overcoming test anxiety will be practiced. Diversity, college resources, and learning styles will be explored.
Lecture: 3 hours
Prerequisite(s): ENG-0980 Language Fundamentals I, or appropriate score on English Placement Test; or departmental approval.

GEN-1032 Information Literacy and Library Research
2 Credits
Hands-on experience using the Internet, print and electronic library resources to locate information for course related and personal needs. Emphasis is on the use of search strategies, various research tools, and the application of critical thinking to library research.
Lecture: 2 hours
Prerequisite(s): ENG-0990 Language Fundamentals II, or appropriate score on English Placement Test.

GEN-1040 Career Exploration
2 Credits
Exploration of personality, interests, skills, and values through a series of self-assessment inventories based on career theory. Emphasis on the nature and meaning of work in relation to life and career satisfaction. Occupational resources analyzed and discussed.
Lecture: 2 hours
Prerequisite(s): None.

GEN-1060 Creative Parenting Skills for Students
2 Credits
Course applies a developmental framework in examining theoretical approaches to the process of parenting. Explores expectations, influences and strategies of parenting with focus on attitudes and behaviors. Topics include facilitating the parent-child relationship from birth through adolescence, parenting techniques, adaptations of the traditional family structure, contemporary discipline techniques, and community resources. These topics will be addressed within the context of cultural diversity.
Lecture: 2 hours
Prerequisite(s): None.

GEN-1070 First Year Success Seminar
1 Credit
Introduction to Cuyahoga Community College community, resources, and skills necessary for student success. Topics include personal responsibility, motivation, student support services, career and academic planning, time management, study skills, and financial literacy.
Lecture: 1 hours
Prerequisite(s): None.

GEN-1100 Mental Wellness and the College Student
1 Credit
Orient the student to emotional and mental well-being as they transition to college. Introduce students to resources campus, local, and national resources to help promote and maintain wellness.
Lecture: 1 hours
Prerequisite(s): ENG-0980 Language Fundamentals I or concurrent enrollment; or appropriate score on English Placement Test.

GEN-1820 Independent Study/Research in General Studies
1-3 Credits
Directed individual study. Study/research title and specific content arranged between instructor and student. May be repeated for a maximum of six credits of different topics.
Lecture: 1-3 hours
Prerequisite(s): Departmental approval, and instructor approval, and ENG-0990 Language Fundamentals II or appropriate score on English Placement Test.

GEN-182H Honors Independent Study: General Studies
1-3 Credits
Honors-level directed individual study. Must meet criteria set forth in the Honors Course Checklist used to approve regular honors courses. Study/research title and specific content arranged between instructor and student. May be repeated for a maximum of six credits of different topics.
Lecture: 1-3 hours
Prerequisite(s): Departmental approval and instructor approval, and ENG-0990 Language Fundamentals II or appropriate score on English Placement Test, and must have earned an A or B in at least 3 honors courses.
GEN-282H Advanced Honors Independent Study: General Studies
1-3 Credits
Advanced Honors-level directed individual study. Must meet criteria set forth in the Honors Course Checklist used to approve regular honors courses. Study/research title and specific content arranged between instructor and student. May be repeated for a maximum of six credits of different topics.
Lecture: 1-3 hours
Prerequisite(s): Departmental approval and instructor approval, and ENG-0990 Language Fundamentals II or appropriate score on English Placement Test, and must have earned an A or B in at least 3 honors courses.